

Cindy Jam Veggie Hot Chili

2 cans of diced tomatoes, fire-roasted with garlic
1 can tomato paste
1 Tbsp. olive oil
2 cans black beans, rinsed and drained
1 can corn
2 jalapenos
2 large uncooked zucchini cut up
2 Broccoli crowns
Some hot chili powder
Some cumin
Some cayenne
Some cilantro
½ cup water

- Put it all into a large slow cooker.
- Stir it up, little darling.
- Cover and cook on high until vegetables are tender, about 4 hours.
- Eat